

Good Morning Project (GMP)

This program was set in place by the Carroll County Sheriff's Department to assist senior citizens of the community, who live alone, to continue living an independent lifestyle through check-ins by local law enforcement. Listed below are a few examples.

For program information specific to your town, please call the Carroll County Sheriff's Office at (603) 539-2284

Available in Conway, Bartlett, and Jackson -

To Participate in the program one must:

- Reside within Conway/North Conway, Bartlett or Jackson
- Live alone, or if you live with another person, that person is unable to render you assistance in an emergency.
- Be able to call the Conway Police Department every day before 10 AM.
- Must notify the Conway Police Department if you will be away or unable to call in. (For example: you are going away with relatives for a few days, or you will be gone during the normal check-in time for an appointment or a day trip)

What Happens When You Don't Check-In

1. If the police dispatchers do not hear from you by 10 AM, they will then attempt to call you.
2. When contact cannot be made by telephone, a patrol unit will respond to the residence to check on the welfare of that individual.

If you are interested in participating in this program or know someone who may be interested, please call
Project Good Morning @ 356-5787 or 356-5786

Project Good Morning (Jackson)

This program is offered to Jackson residents through the Carroll County Sheriff's Office and is ideal for those who are living alone in their homes. Each morning an individual must call into Carroll County Dispatch or Conway PD to inform them that they are safe and doing well. In the event a person does not call in, Dispatch will contact the Jackson Police Department and ask them to do a well-check to determine if further actions are needed. *For more information and to enroll in the program please contact 603-356-5785 or 603-356-5786.*

Project Good Morning (Sandwich)

Project Good Morning is program that is available to our elderly citizens who do not have regular contact with a person on a day to day basis. Project Good Morning is a daily check -in program that is operated between the police department and selectmen's office. The program requires participants to call into the selectmen's office Monday through Thursday and then into the police department on Friday during a specified time frame. If the participant does not check in with us a police officer is sent to the residence to check on the person to ensure that they are alright. *For more information or to sign up for this program please contact either Chief Doug Wyman at the Police Department (603) 284-7777 or Ms. Jennifer Wright at the Selectmen's Office (603) 284.7701.*

Project Good Morning (Tuftonboro)

Project Good Morning participants call in to the Tuftonboro Police Department, located at 240 Middle Rd., between the hours of 10:00 am and 12:00 pm. The number for the Police Department is: 569-8695. Check in with the officer on duty, or leave a message. https://www.tuftonboro.org/sites/tuftonboronh/files/uploads/project_good_morning.pdf