Our Track Record

RSVP has been providing volunteer drivers for the Meals on Wheels Program in Carroll County for over 40 years. We're committed to enriching the lives of older adults in our community by addressing senior isolation and hunger and strengthening our community, one senior at a time.

Become a Volunteer Driver Today!

Make a meaningful difference in the life of a neighbor. Volunteering as a Meals on Wheels driver is a simple, rewarding way to help ensure that no senior goes hungry or feels isolated and that older adults can continue living safely, independently, and with dignity in their own homes for as long as possible.

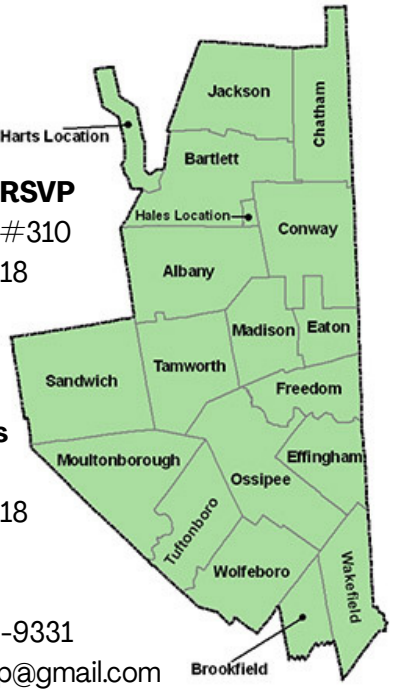
As an RSVP Meals on Wheels volunteer driver, you'll deliver nutritious meals to seniors, adults with disabilities, and veterans while also providing something just as valuable—a friendly face and a caring connection. Your visits offer reassurance, companionship, and support that help recipients remain safe, comfortable, and independent at home.

Funding Sources

Funding for this program is provided in part by Carroll County and the NHDOT-FTA Section 5310 Program.

In addition, other sources of income include grants, corporate contributions, major gifts, and contributions throughout Carroll County.

Donations are accepted to help with the cost of mileage reimbursement for the volunteers providing this important service.



Carroll County RSVP
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Conway, NH 03818

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Conway, NH 03818

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07-2026

CARROLL COUNTY
RETIRED & SENIOR
RSVP
VOLUNTEER PROGRAM
NEW HAMPSHIRE

Meals on Wheels Driver Program

Carroll County RSVP
PO Box 1033
Conway, NH 03818
603-356-9331

Volunteering FAQs

Q: What are the prerequisites for becoming a volunteer driver?
A: Driver must be 18 years and older; must submit valid driver's license and auto insurance; successfully complete and pass a criminal background check; and willingness to use their own vehicle to deliver meals to assigned addresses.

Q: Is there currently a need for volunteer delivery drivers?
A: Yes, It takes hundreds of volunteers each day to deliver meals. Many seniors are often dependent on the food and safely checks our volunteers provide.

Q: Where are the meals prepared?
A: Meals are prepared at three designation locations: Gibson Center for Senior Services, Ossipee Concerned Citizens, and Wolfeboro Area Meals on Wheels, and are distributed to various towns all over Carroll County, New Hampshire, by dedicated Meals on Wheels drivers.

Q: Can RSVP help with gas reimbusrement?
A: RSVP reimburses for mileage from your home to the Meals on Wheels site and from that site back to your home. Mileage reimbursement is based on a cost-per-mile rate, with a monthly maximum of 200 miles. Volunteers are reimbursed within the limits of available funds each quarter.

Volunteering FAQs

Q: How much time does it take to deliver meals?
A: Every route is different, and clients change over time. Meals typically take about 1 1/2 to 2 hours to deliver, depending on the length of the route.

Q: What hours would I volunteer?
A: Hot meals are delivered anytime between 10:00 AM and 12:00 PM noon, five days/week. Generally, volunteers pick up meals around 9:45 AM at one the of six Meals on Wheels pickup locations.

Q: Where are the pickup locations?
A: Gibson Center for Senior Services, Wolfeboro Area Meal on Wheels, Moultonboro-Sandwich Meals Program, Ossipee Concerned Citizens, Tamworth Community Nurse Association, or the Greater Wakefield Resource Center.

Q: Who is best suited to be a volunteer?
A: Anyone who is compassionate about Carroll County seniors and is available weekdays between 9:30 AM and noon (except holidays) should consider volunteering.

About our Volunteers

RSVP volunteers share a lifetime of talents, interests, and experience to make a meaningful difference in the lives of others.

By giving just a few hours of your time, you can help improve the quality of life throughout our community while finding purpose, friendship, and fulfillment.

Our Volunteers...

- Come from diverse backgrounds and careers, including retired business leaders, educators, healthcare professionals, social workers, tradespeople, homemakers, and many others.
- Share a lifetime of skills, knowledge, and experience to support RSVP's mission and strengthen our community.
- Choose volunteer opportunities that match their interests, talents, and schedules.
- Build meaningful connections while making a positive impact in the lives of others.
- Range in age from 55 to 95+, proving that it's never too late to make a difference!